

Lap Band Goals

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During the Lap Band Surgery Process a smaller stomach pouch is created in the upper part of the stomach. Normally, this pouch will only hold some ½ to 1 ounces of food. This pouch becomes a part of the rest of the stomach through an outlet called a stoma.

The person who has had the Lap Band Surgery Process will not feel the need to consume food when their upper stomach is full. They will also be able to control their weight gain and of course see their weight decline.

The Lap Band Surgery Process in essence will permit individuals to eat smaller meals during the day, yet gather the required nutrients that they need instead of continuing to go back to the table for seconds and thirds meaning additional weight gain.